

Support Aging Research in Our State

Become a "Friend of AFAR Florida"!

- Are there really genes that may help us live longer, healthier lives?
- Do you know the difference between normal and abnormal aging?
- What diseases of aging are scientists closer to discovering cures for?

AFAR Helps to Find the Answers

Scientists supported by the American Federation for Aging Research (AFAR) are seeking the answers to *how* and *why* we age.

Their answers will pave the way to preventing and controlling diseases that now devastate millions of older people – such as Alzheimer's, Parkinson's, diabetes, osteoarthritis, cancer, heart disease, osteoporosis, macular degeneration, and many more.

Since our founding in 1981, AFAR has granted about \$132 million to nearly 3,000 leading scientists, furthering our knowledge of many diseases of aging and geriatric medicine. Recent breakthroughs in a whole range of disciplines – from biochemistry to molecular research, and from immunology to neurobiology – are fueling hopes for extended health.

Florida – First in the Nation in Percentage of Residents Age 65+

AFAR started a Florida Affiliate to step up the pace of aging research right here in our home state! Whether you live or work in Florida, conduct business here, or are a seasonal visitor, consider this:

- Florida's aging population has grown to over 23 percent of the state's total population—that's nearly one-fourth the entire state's population!
- About 500,000—that's half a million—Floridians are living with Alzheimer's disease. Older Floridians, their families, and communities face a myriad of issues related to aging – and their numbers are growing every day!

[✓] YES! I want to help find the answers to how and why we age!

Please help to support aging research in our state – Join the Friends of AFAR Florida today!

Receive one free AFAR Florida Sports Towel with your one-year membership donation of \$75 or more!
OR

Receive four free Sports Towels when you become a Life Member! Life memberships start at \$750.



The best Sports Towel ever! Enjoy this oversized (15" x 30"), thick 100% cotton towel by Martex® for all your workouts – and support healthier aging at the same time!

Friends of AFAR Florida receive:

- Recognition in all AFAR Florida newsletters and mailings throughout the calendar year
- Priority invitations to AFAR Florida lectures and special programs
- Access to Florida's leading scientists in the field of aging research
- Opportunities to join us for invitation-only social gatherings and receptions
- Free Sports Towel with a one-year membership donation of \$75 or higher
- Four free Sports Towels with Life Memberships of \$750 or more

Ways to join:

1. ONLINE

Visit www.afarfl.org and click on "DONATE NOW"

2. MAIL CHECK/CREDIT CARD

Enclosed is my membership donation* of:

- | | |
|--------------------------------|--------------------------|
| <input type="checkbox"/> \$25 | Towel |
| <input type="checkbox"/> \$50 | |
| <input type="checkbox"/> \$75 | <input type="checkbox"/> |
| <input type="checkbox"/> \$100 | <input type="checkbox"/> |
| <input type="checkbox"/> \$250 | <input type="checkbox"/> |
| <input type="checkbox"/> \$500 | <input type="checkbox"/> |

Lifetime membership:

- | | |
|----------------------------------|--------------------------|
| <input type="checkbox"/> \$750 | <input type="checkbox"/> |
| <input type="checkbox"/> \$1,000 | <input type="checkbox"/> |
| <input type="checkbox"/> Other: | <input type="checkbox"/> |

* Thank you for your membership donation! One-year memberships begin when you join and may be renewed at any time during the following calendar year. Or become a Lifetime Member and never pay a renewal fee again!

Please check one:

- My check, payable to AFAR Florida, is enclosed.
- Please charge my membership donation to my credit card:
- VISA MasterCard Discover American Express

Card Number: _____ Expiration Date: _____

Signature: _____

Please complete the following:

Name: _____

My name as I would like it to appear on AFAR Florida's list of "Friends." _____

I wish to remain anonymous.

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Please return this form, along with your check payable to AFAR Florida, to:

American Federation for **Aging Research**
FLORIDA

201 South Biscayne Boulevard, Suite 800 • Miami, Florida 33131

Thank you for helping to advance the science of healthier aging!